

Cultivating Resilience Community



Join us (Diana & Lucy) to learn more about building
resiliency!

- Our intention is to bring awareness to the current crisis of provider burnout and create a space where we can share practical tools to increase resiliency.
- *Cultivating Resilience Community* is created by nurses for nurses.
- The literature demonstrates that healthcare provider burnout impacts safe patient care, increases provider turnover costs and perpetuates unaddressed mental and physical health conditions in providers.