

Cultivating Resilience Community



Join us in our 2nd CRC **playshop!**

- March 12, 2020 at 1530-1730 in the Bertha Wright Room
- Maya from Music Therapy will be incorporating a variety of strategies and experiences to develop awareness and understanding of the role of music in wellness, resilience and community building.



Reminder...CRC is about increasing the tools in our toolbox ❤️

*This course is offered through the Nursing Continuing Education Program
of UCSF Benioff Children's Hospital Oakland
Provider approved by the California Board of Registered Nursing,
Provider Number 00374 for 2 contact hours.*